

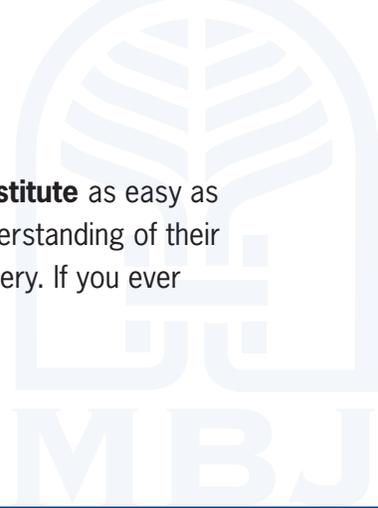
WHAT TO EXPECT AT YOUR ORTHOPEDIC APPOINTMENT



Welcome

We want to make your visit to the **Midwest Bone & Joint Institute** as easy as possible. It's our goal that every patient leaves with a full understanding of their condition and the ways we can help them achieve a full recovery. If you ever have questions, please don't hesitate to ask your doctor.

We are at your service.



Here is a list of five things you can expect from your visit:

1. Patient Forms: Unfortunately, paperwork cannot be avoided. But, we've made it easier by enabling you to fill out all of our forms online in advance of your appointment. Just go to www.midwestbonejoint.com, click on "Patient Information" and choose "Patient Forms" to fill out your forms online.

If you are unable to fill out paperwork online, please arrive 10-15 minutes early to complete the necessary insurance paperwork. We also ask that you bring a list of current medications and past surgeries so we have a full picture of your health.

2. Questions: Prepare to ask and answer questions. It's helpful to write a list of questions you'd like to ask your doctor in advance. Also, be prepared answer questions as completely and honestly as possible. The more information we have, the more straightforward and successful treatment plan we will be able to make.

3. Physical Exam: Wear comfortable clothing that allows you to easily get to the afflicted area. Your physician will likely need to test the strength of your limbs, range of

motion, reflexes, and more. Each test provides a piece to the puzzle, so please expect that they will occur during your overall exam.

4. Follow Up Tests: Your orthopedic surgeon may need to get a picture of your condition at a level that is beyond physical examination, such as an MRI or x-rays. Prepare yourself for this possibility. These tests are used to rule out potential issues as often as they are intended to diagnose them.

5. Treatment Plan: A good appointment will end with suggestions from your physician that you will need to carry out. This may include physical therapy, surgery, an exercise regime, or a prescribed medicine. Each suggestion that one of our physicians makes is done with the utmost care and your health as the main priority.

We diagnose individually and provide our treatment plans the same way. No two people have the same solution. We base our recommendations on your overall health, ability level, test results, and other factors.

With this in mind, we look forward to meeting you in our offices. Be assured that you will receive the highest level of personal care - each of our doctors has been chosen not only for their impressive credentials, but also for their overall bedside manner. We pride ourselves on the fact that our office continually receives positive reviews about each one of our physicians, and we plan to continue that trend well into the future.

See you soon!



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